

Cross Country Schedule 2026

Coach contact info:

April Rockwood - 801-602-6477

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Practices are all held at

Bartholomew Pond - 1090 S 2900 E

Meet on the grass by the hammock poles at the end of the parking lot

Monday, August 17th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Monday, August 24th

Intersquad Meet - 1K at 5:30pm.
Bartholomew Pond - 1090 S 2900 E

Monday, August 31st

2K Meet at Mapleton
Ira Allen Sports Park-1728 S. 800 W.
Check-in at 5:00pm, starts at 5:30pm

Monday, September 7th

No meets or practices - Labor Day

Monday, September 14th

3K Meet at Bartholomew Pond
Bartholomew Pond - 1090 S 2900 E
Check-in at 5:00pm, starts at 5:30pm

Monday, September 21st

2K Meet at Santaquin
Harvest View Sports Complex
1270 Summit Ridge Pkwy
Check-in at 5:00pm, starts at 5:30pm

Monday, September 28th

4K Meet at Spanish Fork Sports Complex
295 W. Volunteer Dr. (950 S.) in Spanish Fork
Check-in at 5:00pm, starts at 5:30pm

Monday, October 5th

Regional Invitational - Everyone Attends
3K Meet at Provo's Kiwanis Park
1019 N. 1100 E. in Provo
Check-in 5:00
Heat #1 Starts 5:30pm (Elite heat)
Heat #2 Starts 6:00pm (Older kids 2010-2014)
Heat #3 Starts 6:30pm (Younger kids 2015-2018)

Thursday, August 20th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, August 27th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, September 3rd

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, September 10th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, September 17th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, September 24th

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

Thursday, October 1st

Bartholomew Pond - 1090 S 2900 E
Practice 6:00pm-7:00pm

