

## A WARNING FROM POLICE CHIEF HAIGHT: MARIJUANA WILL WRECK YOUNG MINDS



A significant new study published in JAMA Health Forum is raising alarms for parents and educators regarding the long-term impact of marijuana on the developing brain. Researchers found that adolescent marijuana use is directly linked to a much higher risk of serious psychiatric conditions later in life.

Researchers followed 460,000 teenagers until age 25. Crucially, they excluded any participants who showed signs of mental illness before using marijuana to determine if the drug itself was a contributing factor.

### Teens who used cannabis in the past year faced significantly higher risks for:

- **Bipolar and Psychotic Disorders:** Users had twice the risk of developing these serious, often lifelong conditions (such as schizophrenia) compared to non-users.
- **Depression:** Risk increased by approximately one-third.
- **Anxiety:** Risk increased by approximately one-quarter.

### Why is the Risk Higher for Teens?

The study emphasizes that the adolescent brain is still under construction. Dr. Lynn Silver, a pediatrician and study author, notes that cannabis affects specific brain receptors that are vital for neurological growth.

**“The effects of cannabis on the receptors in the brain seem to have a significant impact on their neurological development,” says Dr. Silver**

Psychiatrist Dr. Ryan Sultan of Columbia University describes the most severe cases—psychosis and mania—as being “neurotoxic” to the brain. He warns that for some young people, using the drug is essentially “playing with fire,” as repeated use can make recovery from mental health episodes much harder.

### Tips for Community Members:

- **Start the Conversation:** Talk to the young people in your life about these findings. Education is the best tool to prevent drug abuse.
- **Prioritize Brain Health:** Encourage healthy stress-management activities like sports, hobbies, or mindfulness.

Reference: Young-Wolff KC, Cortez CA, Alexeeff SE, et al. Adolescent Cannabis Use and Risk of Psychotic, Bipolar, Depressive, and Anxiety Disorders. JAMA Health Forum. 2026;7(2):e256839. doi:10.1001/jamahealthforum.2025.6839

## HB 381: SAFE E-BIKE USE IN OUR COMMUNITY

Electric bikes are becoming an increasingly common way for residents in Springville and across Utah to commute, run errands, and enjoy outdoor recreation. Seeing this sharp increase in e-bikes and similar devices, lawmakers and law enforcement have been concerned about speeding, unsafe riding, and use by young riders. [Utah House Bill 381](#), clarifies the difference between e-bikes and electric motorcycles by focusing on power, speed, and design. The bill emphasizes education rather than restriction, proposing a basic online safety course to help young riders learn traffic rules and trail etiquette. In Springville, electric bikes, and similar vehicles are not allowed on multi-use areas, parks, on sidewalks, and skate parks. The new law focuses on improving safety education and helping parents, riders, and law enforcement better understand the rules.

### Some of the changes are:

- **Youth Requirements:** Operators under 18 (and in some cases, those without a driver's license) must obtain a safety certificate to ride on any public roads.
- **Helmet Laws:** Mandatory helmets are required for riders under 21 when riding on public roads.
- **Safety and Operation:** It is unlawful to consume alcohol while operating these devices, and they are subject to potential impoundment for violations.

**Standard e-bikes** — limited to 750 watts, with pedals, and speeds up to 20–28 mph—remain classified as bicycles, requiring no license or registration.

**Electric motorcycles**— faster or modified devices, especially those exceeding throttle limits or lacking functional pedals, may now be treated as electric motorcycles. That means riders must meet motor vehicle requirements, including licensing and age restrictions.

## DR. SEUSS REGARDING PARKING LAWS IN UTAH:



In the Land of the Utah Drivers, where wheels go vroom-vroom, there are rules for your car so we all have some room!

From the Zills to the Zorts, everyone must agree, [Utah state code Section 41-6a-1401](#) is the key!

### THE “NO-NO” SPOTS: DON'T YOU DARE STOP!

Unless a police officer says, “Stop right there, Lou!” Or a red light is flashing and staring at you, or you're dodging a truck or a duck or a toad, you must never, ever park on the road:

**NO DOUBLE-PARKING** — Don't stop by a car that is parked by the curb. That's two cars abreast! It is truly absurd!

**NO CROSSWALKS** — Don't park where the people walk by on their toes, or you'll squish all the buttons on their Sunday clothes!

**NO BIKE LANES** — The lanes for the bicycles, thin and so sleek, are for pedals and gears—not your metal and squeak!

### THE “DON'T-LINGER” ZONES (Just a Quick Hop!)

You might drop off a friend, or a fox, but you cannot stay long in these particular blocks. Whether you're inside or out of your seat, keep your clunker away from these spots on the street.

**THE DRIVEWAY** — Don't block where the neighbors go out! If they're stuck in their garage, they will holler and shout.

**THE HYDRANT** — Stay 15 feet back from the plug for the fire, lest the hoses get tangled and things get quite dire!

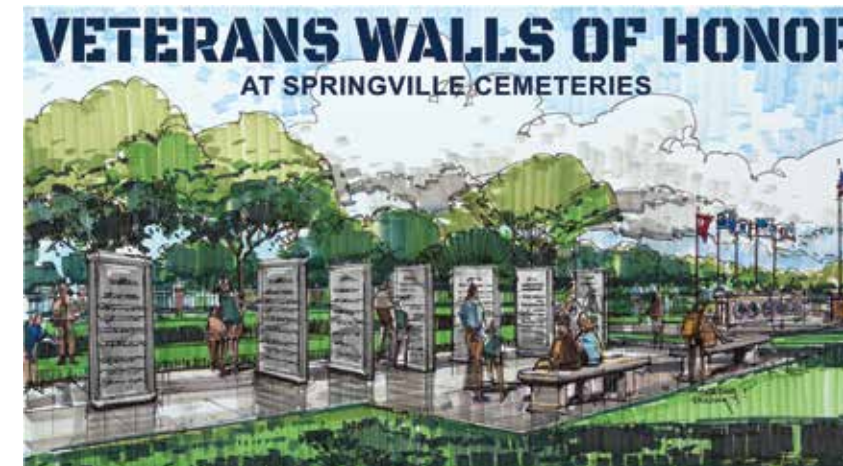
**THE CROSSWALK** — Stay 20 feet back, give the walkers some space, so they don't have to hide when they move place to place.

**THE SIGNS** — Near a stop sign or yield? Give it 30 feet clear, so the drivers behind you can see what is near!

**THE FIREHOUSE** — 20 feet from the door where the red trucks reside, and 75 if you're on the far side (across the street)!

**THE TRACKS** — See the rails? Hear the clack-clack-clack sound? Stay 50 feet back from that train-tracky ground (from the nearest rail of a railroad crossing)!

## VETERANS WALLS OF HONOR



In 2026, Springville will commemorate the service and sacrifice of approximately 2,350 military veterans from Springville and Mapleton by constructing Veterans Walls of Honor at the city's cemeteries. This enduring tribute will recognize and honor veterans from every era of conflict — from the Mexican-American War in 1847 to the present day — ensuring their legacy is preserved for generations to come.

The public is invited to the Veterans Wall of Honor Groundbreaking Ceremony, held in conjunction with the community's traditional Memorial Day service, on Monday, May 26, 2026, at 10 a.m. at the Evergreen Cemetery Veterans Plaza. This event will mark the beginning of construction on the memorial honoring local veterans buried in Springville's cemeteries, as well as those from Springville and Mapleton who served in every era of conflict.

Community members are encouraged to help ensure the memorial is complete and accurate. Please verify that veterans you know are correctly listed for the wall by visiting [springvilleveterans.com](#) or by scanning the QR code provided. Suggestions, corrections and additional names are welcome.

We invite the community to join us this Memorial Day as we come together to remember, honor and celebrate the service and sacrifice of our local veterans.



## PLAN AHEAD FOR SUMMER TRAVEL

Springville City is a Passport Acceptance Facility designated by the U.S. Department of State, allowing citizens to apply for passports by appointment Monday through Friday, excluding holidays, from 9 a.m. to 4 p.m. on the second floor of the Civic Center; visit [springvilleutah.gov/administration/passports](#) or call 801-491-5516 to schedule.



# CITY SOURCE

WINTER 2026

MAYOR MATT PACKARD

PUBLISHED QUARTERLY— WINTER, SPRING, SUMMER AND FALL— THROUGH EMAIL OR YOUR SPRINGVILLE BILL



Springville City firefighters, Colton Rigby and Jeremy Miller, instruct a group of employees at Pepsi Cola on how to apply CPR and use an AED.

### MAYOR'S MESSAGE

The winter of 2025 was one for setting records. We saw record-high temperatures and record-low snowpack.



Springville experienced only one day that required the city to use snowplows, mostly to salt intersections and hills. While it was nice not to have to shovel sidewalks and driveways, this summer will require our community to be vigilant with water usage.

The City Council, directors and administration are well underway

in preparing budgets for the next fiscal year, FY 2027, which starts July 1, 2026, and runs through June 30, 2027. In May, the FY 2027 preliminary budget will be presented to the City Council for approval.

You may have noticed a change around the intersection of 400 South and Main Street. The “Allens Block” is officially clear. There are no remaining structures, and the asphalt parking lot has been removed. It is now a clean slate awaiting future development.

After a strong canyon windstorm in March destroyed more than 20 large trees at Hobbles Creek Golf

Course, city staff and volunteers spent numerous hours clearing the aftermath. Because of their hard work, the golf course was able to reopen within a week. Thank you to everyone involved who made it possible to reopen so quickly.

We are now preparing for a summer full of activities. Art City Days, the annual city celebration, will take place June 6-13. Be sure to mark your calendars for a week of family fun, great food, vendors and activities for all ages.

As the nation prepares for its 250th birthday, we encourage the community to participate by spending time celebrating with family, friends and neighbors. Consider gathering at local parks and sharing a picnic over the Fourth of July weekend. We are fortunate to live in a great community and nation.

Visit the city's website to stay informed at [springvilleutah.gov](#), (notice the URL change).

— Mayor Packard

**CITY COUNCIL**  
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## CEMETERY CLEAN-UP

Springville City and Evergreen Cemetery personnel and volunteers have begun the annual spring cleanup. Decorations may have been disposed of by staff or volunteers. Visitors are reminded not to leave sentimental or expensive items on graves because theft is a common occurrence in cemeteries. For questions, contact the sexton at 801-489-2775 or [pdefa@springvilleutah.gov](mailto:pdefa@springvilleutah.gov), or the cemetery office at 801-489-2770 or [parks@springvilleutah.gov](mailto:parks@springvilleutah.gov).

## 2026 SPRING CLEAN-UP

Spring Clean-Up 2026 will take place on two weekends again this year. The first weekend will be Friday, April 24, 2026, and Saturday, April 25, 2026. The second weekend will be Friday, May 1, 2026, and Saturday, May 2, 2026.

Residents can clean their yards, sweep gutters and sidewalks, and do their best to improve yards, streets and neighborhoods. Owners of vacant lots are encouraged to clear their lots of garbage, tall weeds and other debris. This effort promotes community beautification through volunteers working together.

**Dumpsters will be provided at these parks four days or two weekends—Friday April 24, 2026 & Saturday, April 25, 2026, and again on Friday May 1, 2026 & Saturday May 2, 2026**

- Spring Creek Park 475 E 600 N
- Memorial Park 500 E 200 S
- Child Park 200 S 1300 E
- Hobble Creek Park 2200 E 1250 S
- Big Hollow Park 350 E 2200 S
- Kelvin Grove Park 1400 W 1600 S
- Art Wing Park 155 N 950 W

## PRESSURIZED IRRIGATION SEASON

Springville City's pressurized irrigation (PI) system will begin charging April 13, 2026, with plans to be fully charged and ready for use by April 17, 2026. This is a reminder to all residents who use PI: Please do not use your secondary sprinkler systems until after April 17, 2026. Residents are advised to close their private isolation valve at the meter box before the charging process begins. You should also check your sprinkler system for leaks. Please remember that secondary water is not potable and is not for drinking.



## METER READERS

Meter readers have begun reading water meters. You may notice them in your yard from March to November recording readings. They can be identified by their blue Springville Water shirts and orange vests. Please help with this process by keeping items (cars, gravel, planters, etc.) off the top of the water meter lid in your yard and maintaining grass or landscaping to keep it accessible.

If you have any questions about pressurized irrigation or need additional information, please contact the Water Division directly at 801-489-2740.

## ART LOOPS & FESTIVAL STREET UPDATE AHEAD OF JUNE 2026 OPENING

The Festival Street project on 200 South and the Art Loops initiative aim to open Phase 1 in June 2026. A letter was sent to residents and businesses outlining meetings and ways to get involved. Crews are working on fire hydrant murals and hydrophobic mural stencils. A festival street mural is set for May 26–31 and will require a street closure. Wayfinding signs are expected in May. Youth Art Walk activities are planned for April and May. The project also includes a website, maps and a sidewalk poetry installation. Art Loops will feature three walking routes connecting murals, sculptures and interactive art near civic sites. More information is available at [smofa.org/art-loops](http://smofa.org/art-loops).

### KEY DATES

- April 7, noon— Community information meeting on Art Loops and Festival Street at the Springville Senior Center.
- April 7, 5:30 p.m. — Springville City Council work session presentation at the Springville Civic Center.
- April 17, 5–8 p.m. — Festival Street kickoff block party at 200 South and Main Street.
- May 26–31 — Volunteers of all ages are invited to participate in community street painting days on 200 South from Main Street to 100 East.

## ART WORKSHOPS

Don't just see art—make art! Join us for art workshops at the Springville Museum of Art. Most workshops are geared toward ages 14 and older, and all supplies are included. Pre-register at [smofa.org/art-workshops](http://smofa.org/art-workshops).



## ART BALL

Saturday, May 16, 2026, from 6 p.m.-9:30 p.m. [smofa.org/art-ball-2026](http://smofa.org/art-ball-2026).

Join us for the best community event of the year. Art Ball 2026 will celebrate Utah's poet-painter, John Hafen. The event includes a light dinner, dancing with a live band and DJ, activities and the Art Royalty presentation. You won't want to miss this iconic event.

## 102ND ANNUAL SPRING SALON

April 25, through July 3 [smofa.org/102nd-annual-spring-salon](http://smofa.org/102nd-annual-spring-salon).

## CHILDREN'S ART FESTIVAL

Friday, June 12, 2026 from 10 a.m. to 2 p.m. [smofa.org/childrens-art-festival](http://smofa.org/childrens-art-festival).

## HISTORIC GYMNASIUM

Nebo School District is studying and gathering community input on closing Cherry Creek Elementary because of long-term enrollment declines. No changes would occur in the 2026–27 school year. A final decision is expected in December 2026, and if approved, the closure would occur in May 2027, with new boundaries taking effect in August 2027 after a boundary study and public hearings. For more information go to [nebo.edu/onsd/page/school-closure](http://nebo.edu/onsd/page/school-closure).

Springville City entered into an intent-to-purchase agreement with Nebo for the campus, including the historic gymnasium, to become a shared space for art, recreation and gathering. The proposed hub would serve Springville residents while preserving the historic gymnasium and supporting the museum in the heart of the city.



## PARKING PASS SEASON

Pick up your free Wayne Bartholomew Family Park parking pass at the Civic Center. For more information or go to [springville.org/parks-recreation/parks/city-parks/wayne-bartholomew-family](http://springville.org/parks-recreation/parks/city-parks/wayne-bartholomew-family).

The parking permits are required every year from May 1<sup>st</sup> to Labor Day. Permits are not required from the day after Labor Day to April 30<sup>th</sup>.

## GET READY FOR ART CITY DAYS

Be a vendor, register for the 5K, enter your group or business in the parade, audition for the talent fest or rodeo queen or enter a quilt in the quilt show at [springvilleutah.gov/art-city-days](http://springvilleutah.gov/art-city-days). Art City Days is June 06-13, 2026. Click the link for up to date information.

## BIKE WITH THE MAYOR

Bring your bike to the Civic Center at 110 S. Main Street on Saturday, May 9, 2026. Children and adults are invited to this fun activity to get to know some of the elected officials who serve our city. Starting at 10 a.m., bike riders, young and old, can choose to ride the entire route or just a portion. Light refreshments and fun will be back at the Civic Center, where the ride began. Watch for more information on social media and the city's website by the beginning of May.

## WEBSITE HAS MOVED

Springville City's official website has moved to a new .gov domain at [springvilleutah.gov](http://springvilleutah.gov). Residents and users should note that the previous Springville address now requires adding "Utah" and changing the ".org" ending to ".gov" to reach the updated site.

Update any saved links, bookmark the new address to ensure continued access to city information and services. Thank you for your patience during the transition to the new domain.

## 2026 HOMETOWN RODEO QUEEN

The Art City Days Hometown Rodeo 2026 Queen Contest is open to queens ages 13–18 and princesses 12 and under, with contestants' ages determined as of June 6, 2025. The competition will be held at 1 p.m. April 25, 2026, at the Springville Arena, 767 W. 1600 South. Gates open at noon for warm-up, the pattern will be posted at 12:30 p.m., and introductions with judges' instructions begin at 1 p.m. Western wear is required. For more information, participants can contact Taelor or visit the [Hobble Creek Riding Club/Art City Days Rodeo](https://www.facebook.com/HobbleCreekRidingClubArtCityDaysRodeo) on Facebook.

## GO ONLINE FOR MORE INFORMATION

Scan this qr code to go to the newsletter folder for links with more information. Sign up to receive this newsletter through email at [springvilleutah.gov/mayors-message/#newsletter](mailto:springvilleutah.gov/mayors-message/#newsletter).



## SPRING AT THE LIBRARY

### CAMP SPRINGVILLE APRIL 6, TO APRIL 10

Lanyards and buttons are back! Complete tasks to collect them all. Live animal meet-and-greet events, including birds of prey from HawkWatch International, will be held Monday, April 6, at 1 p.m.

### SUMMER READING STARTS MAY 22

Summer Reading begins in May! Pick up a bookmark at the library starting Friday, May 22, and challenge yourself to read every day this summer. Reading during the summer helps kids maintain the skills they worked hard on all school year, and it's even more powerful when children see the adults in their lives reading, too. We've got books, programs, and activities for all ages, so everyone in the community can join the fun.

## SUMMER READ-A-THON

This year, we're inviting the whole community to participate in our Summer Read-a-Thon. Teachers, grandparents, parents, teens, kids and neighbors are all encouraged to sign up to read in our Book Nook by scanning this QR code. When adults read, kids follow — and together we build stronger readers, stronger families and a stronger community.



## GRANT ACKNOWLEDGMENT

We are grateful to the PAR program for a grant that will help us level up our Summer Reading programs this year. Their support allows us to expand activities, resources and opportunities that make reading fun and accessible for the entire community.

## USED BOOK SALE

Wednesday, June 10, and Thursday, June 11, from 10 a.m. to 4:30 p.m.

Browse thousands of books at unbeatable prices — just \$1 and \$2 each! Don't miss this chance to stock up on great reads and support the library.

